

# LIVING YOUR BEST THROUGH CANCER



Date:  
**17 June 2006**

Time:  
**2.00pm - 4.30pm**

Who should attend:  
**Recovery Patients / Cancer Survivor /  
Other Interested Individual**

Medium:  
**English**

Venue:  
**Casablanca, Level 10  
Sunway Lagoon Resort Hotel**

Registration fee:  
**RM 15 per pax  
(This is a community service programme.  
All proceeds go to MAKNA)**

*\* Light refreshment will be served.*

Organised by: Community Service Programme by:



**Wyeth**  
**ENERCAL® Plus**

Workshop outline:

## **Living Your Best Through Cancer**

This workshop explores common coping concerns pertaining to cancer patients' handling of uncertainties, hope and the recovery process. Emotional acceptance takes time and often enough, many harbour conflicting emotions. There is a dire need for patients to re-experience themselves, to find an anchor point, to pin-point their 'here and now' experience and make meanings out of it. Through the lens of the speaker's professional experience in journeying with cancer patients, this workshop approaches these issues in a step-by-step manner with practical illustrations on how to live your best.

Speaker:

## **Mr. Gilbert Fan (RSW, DAPA)**

Manager, Department of Psychosocial Oncology, National Cancer Centre, Singapore  
Deputy Chair, Patient Education, National Cancer Centre, Singapore  
Diplomate, American Psychotherapy Association  
Registered Social worker, Singapore Association of Social Workers  
Registered Counsellor, Singapore Association for Counselling  
Chair, Allied Health Education Sub-Committee, Singapore Hospice Council  
Co-Chair, Registration Committee, Singapore Association of Social Workers

Contact:

## **Encik Zawahir Abdullah / Encik Iskandar**

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## Registration Form:

I would like to register for **Living Your Best Through Cancer** workshop!

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

## Payment Mode:

( ) Cash – Bank in to MAKNA Maybank account: **514075001920** and fax us the bank-in slip

( ) Crossed Cheque – Payable to **MAKNA**

( ) Credit Card – Call us